

RUN BY VETS, OWNED BY VETS



EQUUS VETS



NEWSLETTER

MARCH 2026

This month's cover photo is of Kahli and her two best friends Dusty and Dazzle. When Kahli lost her long time field buddy, she struggled bonding with new equine friends. A friend of her owners suggested having donkeys as her companion and from their first meeting have adored each other.



Javier having hugs with one of his homebred foals on his farm in Spain!

We said a sad farewell to Javier earlier this month.

Javier was a member of our veterinary team since 2019.

Javier was well respected as a vet and brought a great energy to our team. We wish him well in his new ventures back at home in Spain.

We hope he does not have too many sleepless nights having become a proud father recently!



TPR - Temperature, Pulse & Respiration

Do you know what is normal for your horse?

Whilst Strangles is endemic (present in the horse population all the time), there have been spikes of cases within our area recently. This is why we must ensure that we are strict with the biosecurity within our yards and when out and about – something the Equine World is not always fastidious about!!!

In addition to biosecurity, looking out for signs of good health daily and knowing what is 'normal' for your horse is also terribly important as it will ensure you pick up on any abnormalities promptly. By taking your horses TPR over the course of a week, twice a day, will give you an idea your horses 'normal'.



Would you know what your horse's 'normal' Temperature, Pulse and Respiration are if your vet asked?

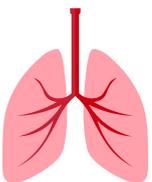
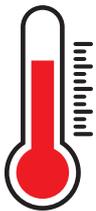
We talk about TPR (Temperature, Pulse and Respiration), but when monitoring our horse it is good practice to observe the Respiration Rate, followed by the Pulse and then take the temperature.

Some horses might become anxious or reactive if we bowl on up to them and take their temperature first. This would then give a false respiration rate and heart rate as it would likely be raised.

If your horse has been out at a Show or ride meeting other horses, it would be good practice to take the TPR for a few days after to check for any change - anything other than the norm, please do contact us to speak to one of our vets to discuss any concerns you may have.

If you are unsure or a little anxious about how to perform taking any of the TPR, when one of our vets is next with you, ask them to talk the processes through so that you feel more confident.

Should you have any questions on how to improve biosecurity within your yard/when you go out and about, our vets will be happy to discuss and whilst there is a lot of useful literature out there, www.britishequestrian.org.uk has some great information and tips.



CLIMBING KILIMANJARO

Our receptionist Georgie has decided to take on a monumental fundraising mission!

She is embarking on a self funded trip to climb Kilimanjaro and aims to raise money for North Devon Hospice.

We know she would be very grateful if you were able to help her achieve her fundraising target

<https://www.justgiving.com/page/georgie-brown>

JustGiving



Scan to visit Georgie Brown's JustGiving Page

EAST CORNWALL AREA DAYS

w/c 6th April

w/c 22nd April

Below are tips on how to take their TPR or best practice RPT:

Respiration – a healthy horse should have a rate of 8 – 16 breaths per minute

- On approaching the horse, if you can see their nostrils flaring and relaxing gently, one 'in and out' is one breath
- If this is proving tricky to see, stand to their side and watch their flanks – again one in and out is one breath.
- Do this for 15 seconds and then multiply by four to get your respiration rate.



Pulse – Normal range between 28 to 44 beats per minute at rest.

- Pop a headcollar on your horse
- Place two fingers (not your thumb as it has a pulse) on the inside of the cheekbone.
- Feel gently for a line that feels like an electric cord! (this is the facial artery!)
- Apply gentle pressure and you will feel the pulse.
- Time for 15 seconds and then times by four to give the heart rate.



Temperature - Normal range is 37C to 38.5C

To take the temperature:

- Secure your horse
- Turn on the thermometer
- Cover the end of the thermometer you are going to insert with Vaseline.
- Walk your way down the side of the horse ensuring they are aware of where you are.
- Standing to the side of your horse, lift the tail gently, insert and push the thermometer to the side (holding on tight so they do not absorb it!)
- Hold there until it beeps, remove from the rectum and take the reading.

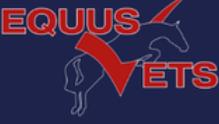


HEALTH PLANS

We have three different health plans to suit the needs of a variety of horses and owners. New for 2026, we have launched our Veteran Plan that includes a range of routine work that your veteran companion may require.

All plans can be covered with a one off payment or with monthly instalments.

Please contact our Equus Office for any questions - 01837 214004 or e mail info@equusvets.co.uk

	Standard Plan Starting from £195 annually or £17.25 per month	Comprehensive Plan Starting from £468 annually or £39 per month	Veteran Plan Starting from £372 annually or £32 per month
Annual Visit	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Flu/ Tetanus Vaccine	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Annual dental check and teeth rasp if needed	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Annual Health Check	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Dietary Advice	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4 x Worm Egg Counts	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Saliva tapeworm testing kit	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Priority Booking for client evenings	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
6 Month visit		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
6 Month Health Check		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
General Bloods		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
ACTH Bloods			<input checked="" type="checkbox"/>
6 Month dental check and rasp if needed		<input checked="" type="checkbox"/>	
2 x locomotor assessments		<input checked="" type="checkbox"/>	

PROVIDING YOU WITH A DEDICATED AND EXPERIENCED TEAM OF EQUINE ONLY VETS, 24 HOURS A DAY, 7 DAYS A WEEK COVERING DEVON AND EAST CORNWALL



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