# RUN BY VETS, OWNED BY VETS




*North Park Veterinary Group Trading as:*

# EQUUS VETS NEWSLETTER

**OCTOBER 2026**



## WORMING




For our clients who have the Worming Package for their horses, October is a good time to do both a faecal worm egg count and an Equisal Saliva test to check your horse for tapeworm.

If you do not have a worming package for your horse and would like your horse to be tested, we have EquiSal kits avaialable for purchase and can also run faecal worm egg counts with our Ovacyte machine. Please contact our recpetion team for more information on 01837 214 004 .




**Are you interested in one of our worming packages?**

Please visit our website www.equusvets.co.uk to find out more information or call our reception team who will be happy to help

### TARGET WORMING

*Target worming (worming based on a result from a Worm Egg Count or Saliva test) is recommended to ensure that your horse does not build up a resistance to wormers.*



**EAST CORNWALL AREA DAY**

**w/c 16th November**

**Do you have your invoices posted to you but have an email that we could use instead?**

*Wherever possible, we try and email our invoices and statements. We are always working to improve our sustainability and by emailing invoices we are saving trees along the way!*

# STRANGLES AND FLU

## Are your horses vaccinated ahead of the winter?

We are fast approaching the winter. This is when horses are more likely to be housed inside and sharing indoor spaces. With this being the case, it can heighten the risk of the transmission of both viral and bacterial infections such as Equine Influenza and Strangles - are you prepared?

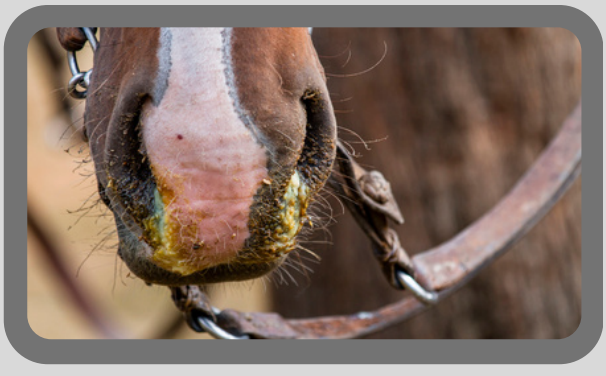
Strangles is a highly contagious BACTERIAL infection as opposed to Equine Influenza being a highly contagious VIRAL infection although have many similar clinical symptoms.

### Strangles - Clinical Symptoms

- Fever, usually higher than 38.5°C or 101.3°F (this is usually the first clinical sign to occur)
- Swollen and painful lymph nodes around the head and neck leading to abscesses
- A runny nose (watery to begin with, but becoming thick pus within days)
- Cough
- Depression and loss of appetite
- Difficulty swallowing, breathing and abnormal respiratory noises



*Picture Credit: Dechra*



*Picture Credit: Horse and Hound*

### Equine Influenza - Clinical Signs

- An increased temperature to above 38.5°C for one to five days
- A frequent dry, harsh cough
- A clear watery discharge that may become thick and yellow or green over several days
- Loss of Appetite and lethargic
- Swollen & painful glands around the jaw
- Difficulty in swallowing

RCVS ACCREDITED PRACTICE

01837 214004

www.equusvets.co.uk

info@equusvets.co.uk

## What do you do if you suspect Strangles or Equine Influenza?

Despite one being viral and the other being bacterial, if you suspect your horse has either, Isolate the horse immediately, notify the yard owner if on livery, stop all horses being moved on or off the yard and seek veterinary advice.



Both Strangles and Equine Influenza can be transmitted both directly from horse to horse and indirectly via contaminated water, feed, equipment or people.




## Prevention of Strangles and Equine Influenza

***Good Stable Management & Bio Security Measures to include:***

- Isolate any new horses that are entering your yard for 3-4 days.
- A horse can be a silent carrier of strangles, so by carrying out a guttural pouch wash or a blood sample can identify any exposure or a carrier.
- Keep your facilities clean and disinfected.
- Avoid direct contact with other horses when away from home.
- Regular temperature checks and monitoring.

## VACCINATIONS

Alongside good stable management and bio security, vaccinations are a good management tool for your horses. They play a really important role in improving herd immunity and reducing the numbers of cases within the equine population.

Dechra suggests the time to vaccinate healthy horses for strangles would be:

- If Strangles is suspected or diagnosed on a yard
- if here is an outbreak affecting horses locally
- Horses are at risk due to frequent movement.

If you would like more information regarding the vaccines, please contact us on 01837 214004



## *We are ready to hear from you via WhatsApp! 07892716883*

We are introducing an additional way to contact us.

We now have a WhatsApp number that you can send NON URGENT requests to such as repeat prescription requests. These can be sent to us 24/7 for ease. The number is **07892716883.**

Our admin team will then pick up your messages during the usual working hours and respond.

This does not replace our call or email contact methods but can be used as an alternative.

The number is NOT for emergencies or to make appointments - please call our landline in the usual way to book these.

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